

Skills to Practice before coming to Kindergarten

- Getting coats and runners on and off independently
- Following simple two-step instructions such as “Take off your boots and put on your runners.”
- Following directions and rules
- Going to the bathroom and washing hands independently
- Blowing nose independently and covering mouth when coughing/sneezing.
- Buttoning, snapping, and zipping
- Eating neatly
- Opening a juice box and inserting straw
- Holding a pencil and crayons correctly
- Beginning letter and number recognition
- Begin working on tying shoes
- Speaking in complete sentences
- Answering questions
- Listening to stories
- Telling first and last name when asked
- Writing first name
- Shape recognition
- Colour recognition
- Sorting objects by colour, size and shape
- Counting
- Using scissors
- Bouncing and catching a ball
- Sharing toys



****Read to your child every day, and ask them questions about the story!****